LUNCH

SATURDAY, FEBRUARY 24, 2018

HONEY STUNG BREADED DRUMMIES





CALORIES 211

SODIUM 460mg

PROTEIN 13g

FAT 15g **CARBS** 6g

CHOLESTEROL 70mg

FIBER 0g

BEEF STEW



CALORIES 261

SODIUM 477mg

PROTEIN 19g

FAT 12g **CARBS** 17g

CHOLESTEROL 55mg

FIBER 2g

SPAGHETTI TOMATO SALAD W/ DILL DRESSING (1)





CALORIES 185

SODIUM 231mg

PROTEIN 7**g**

FAT 4g

CARBS 30g

CHOLESTEROL 5mg

FIBER 2g

BRAZILIAN BEAN SOUP



CALORIES 81

SODIUM 296mg

PROTEIN 4g

FAT 1g

CARBS 14g

CHOLESTEROL 0mg

FIBER 3g

contains wheat

















